T he scenario is a typical one. A full-time college student, living away from home, hovers by any Orange County’s student-oriented convenience store, with roommates splitting the cost.

Then there is the soaring cost of food. This high cost of living can lead to “food insecurity,” a term defined by the Centers for Disease Control as “a household’s economic and social condition of limited or uncertain access to adequate food.”

The recently opened ASI Food Pantry in the Titan Student Union on the Cal State Fullerton campus — nearly twice the size of the old food pantry — was constructed to accommodate greater demand and better help alleviate food insecurity among CSUF students.

Managed by Associated Students Inc. and known simply as “The Pantry,” the 1,400-square-foot space is stocked with canned foods, frozen foods, fresh produce and freshly prepared meals, available for free to all full-time and part-time Cal State Fullerton students.

Using the Pantry diminishes the financial burden of a trip to the supermarket, according to the Pantry fact sheet.

“With the new Food Pantry up to once a week with an appointment, when I come here, sometimes I’ll have beans,” Vergil said. “These last me a week, so I have a whole meal for a week. Same with the pasta, I have a whole meal for a week and not having to pay for that at the grocery store is really nice. It takes off a big load, too.”

Students are not required to prove financial hardship to qualify for the Food Pantry’s services.

One of the biggest problems with food pantries is the stigma attached to it, said Kristin Stora, the Titan Student Union director. “First of all, we don’t think that stigma is legitimate, and so we certainly don’t want to reinforce it — it is open to all.”

According to the Pantry fact sheet, many were utilizing it and how much needed to expand on it because of how many were utilizing it and how much support we were getting,” ASI President Masoom Awadalla said. “We figured, okay, let’s move it. And I feel like it’s been very beneficial. I feel like it’s been a great accomplishment from ASI, and so it has been very beneficial.

The former pantry space is now used as a sorting area for donated items.

Nearly 300,000 pounds of food have been donated to students since The Pantry opened in a 700-square-foot space near the Titan Student Union Pavilions in August 2021 and served about 300 students per week, according to the fact sheet.

Nearly 200,000 pounds of food have been donated to students since The Pantry opened in a 700-square-foot space near the Titan Student Union Pavilions in August 2021 and served about 300 students per week, according to the fact sheet.

“The Pantry is a great resource for students who may not have access to food,” Stora said. “We’re happy to provide that resource to students.”

Students can visit the ASI Food Pantry up to once a week with an appointment.

“We have about 110 classes that we put on each year to help students,” said Ellie Monroe, who is vice president of programs and an instructor. The OLLI program was started at Cal State Fullerton 65 years ago to serve Orange County’s older population. According to the Orange County Office on Aging, the average person spends nearly two and a half hours on social media each day.

In the U.S., the average American checks their mobile device nearly 80 times a day, and almost half of Americans say they watch user-generated social media content more than they watch movies or television through streaming services.

Like most aspects of technology, there are positives and negatives associated with social media use.

“Discriminating Gen Z users can benefit from social media,” Jenelyn Russo, contributing writer.

RESEARCH

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Students make a titanic difference in 2023

From the classroom to the community to the athletic field, the achievements of Cal State Fullerton students shone brightly in 2023. Here are some of their stories.

**Ramethan Ahmed**, a Class of 2023 biological science major who scored in the 97th percentile on his medical school admission test, was accepted to 17 top-ranked medical schools. The first in his family to earn both high school and college degrees, Ahmed participated in the Bridges to Stem Cell Research program and mentored students in Project RAISE. He was named the Alumni Association's Outstanding Senior.

**Ramadhan Ahmed, a Class of 2023 biological science major who scored in the 97th percentile on his medical school admission test, was accepted to 17 top-ranked medical schools.**

**Aryan Afshar** earned her master’s degree in clinical psychology and plans to become a licensed marriage and family therapist. For her outstanding research focused on the experiences and trauma of Afghans who settled in America, the 2023 graduate received CSUF’s 2023 Giles T. Brown Thesis Excellence Award.

**As a middle schooler, Class of 2023 graduate Almaha Johnson set her sights on becoming an educator. She earned a master’s degree in education-special education and now works as a special education teacher at Richard Henry Dana Exceptional Needs Facility in Dana Point, where last year she received the school’s Teacher of the Year Award.**

**Single mom Sebrina Valdez returned to school at 53 to earn her bachelor’s degree in business administration. Through the support of the Transfer Adult Re-entry Program and ProStart Student Center, Valdez found a home away from home, often attending TAPP events with her children. She served as treasurer for the student organization Adults Who Are Returning to Education.**

**Ainaria Johnson set her sights on becoming an athletic trainer for an MLB organization. Her internship was the first step toward working with these artists while I’m still in school,” the first-generation student said.**

**Bridges to Stem Cell Research program and mentored students in Project RAISE. He was first in his family to earn both high school and college degrees, Ahmed participated in the Bridges to Stem Cell Research program and mentored students in Project RAISE. He was named the Alumni Association’s Outstanding Senior:**

**Andrea Bocelli, The Eagles, the Los Angeles Philharmonic and composer John Williams.**

**While pursuing a bachelor’s degree in music—voice concentration, 2023 graduate Emilio Lopez Felix shared the stage with singer Andrea Bocelli, The Eagles, the Los Angeles Philharmonic and composer John Williams.**

**First-generation student Jose “Pepe” Tapia was introduced to artificial intelligence and machine learning research through ASSURE-US, a $1.5 million grant program through the National Science Foundation. The 2023 graduate received the AWS Artificial Intelligence and Machine Learning Scholarship from Amazon and a California State University Edison STEM-MEE Student Research Fellowship.**

**Business administration student Elizabeth Rocha served four years in the Marine Corps before coming to CSUF. She has served as president of CSUF’s chapter of Student Veterans of America and volunteers with the Veterans Resource Center on campus, where she helps manage the VetForward program. After graduation in 2024, she plans to pursue a master’s in social work or attend law school.**

**A Class of 2023 graduate Sienna Baldwin earned her master’s degree in educational pathology and plans to become an educational pathology specialist for underrepresented communicative disorders students earned her the Department of Communication Sciences and Disorders’ Edith Li Communicative Disorders Service Award.**

**A Class of 2023 graduate Jenna Maree Wong served as president of Student Speech Therapists and Audiologists Nurturing Culture Engagement. Her drive to push an equitable educational path for underrepresented communicative disorders students earned her the Department of Communication Sciences and Disorders’ Edith Li Communicative Disorders Service Award.**

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**Class of 2023 graduate Sienna Baldwin earned her master’s degree in athletic training before joining the Arizona Diamondbacks as an athletic training intern. Her internship was the first step toward achieving her goal of becoming a full-time athletic trainer for an MLB organization.**

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The team credits its rewarding entrepreneurial journey to their adviser, Greenberg. He was instrumental in educating them about market research, validating ideas, and the lean startup methodology.

"Since I graduate this semester, I plan on pursuing a master's degree as a computer science professor or working in a web development position to create meaningful solutions for the modern world," said Cortez.

Kunchala, who teaches data structures and algorithms to students as an AOE officer for the Association for Computing Machinery on campus, said, "Entrepreneurship is how you can turn a gut feeling into a product that will lead us on the table for me. I advise CSUF because it's changing computer science students' community!"

**Titan fast pitch program fosters innovative thinking**

Through the Center for Entrepreneurship's annual Titan Fast Pitch competition, students from Southern California universities, high schools and community colleges pitch their business concepts in 90 seconds to judge investors and community business leaders for the opportunity to win cash prizes.

The theme for this year's competition was "Changing the World through Social Enterprise," demonstrating how businesses can be a force for good in the world by integrating social and environmental goals into core operations.

"Changing the World through Social Enterprise" is about harnessing the power of entrepreneurship and community to create a more just, sustainable and equitable society. Social enterprises, including companies like TOMS, which donates a pair of shoes for each pair sold, and Patagonia, which promotes environmental sustainability while manufacturing high-quality goods, exemplify this model.

"The Titan Fast Pitch competition provides a unique and enriching experience that goes beyond traditional classroom learning and offers students an opportunity to develop essential skills, build networks and find a problem set needed for success in the entrepreneurial world," said center director, Bradley Jackson.

Jackson added that the Center for Entrepreneurship aims to guide students in translating their deep interests and networking to create a holistic approach to enhance students' chances of successful entrepreneurial competitions.

Bolstering the milestone's attention with a quick pitch requires effective communication, a compelling story and a deep understanding of the audience, explained Jackson.

Jackson added that Bag/Get received the first place award for its market and compelling value proposition. The team also demonstrated a viable and scalable business model.

"Bag/Get also embraced social entrepreneurship," said Jackson. "Unlike traditional charity or philanthropy, social entrepreneurship applies business principles to social problems such as using market mechanisms to create sustainable solutions and making a profit.

The team envisions Bag/Get as a reliable and robust application that can increase efficiency in food banks and pantries.

"In the immediate future, I foresee continued spots of interventions with pantries and food banks and pantries across the country to better understand their experiences and needs," said Cortez. "Further down the road, I expect for our product to stand up to the rigor of commercial and enterprise use by a number of food banks, their partner food pantries and pantry users. It's certainly a technical challenge for us, but we're both well-equipped and passionate!"

CSUF News Media Services

PHOTO COURTESY OF BRIAN FEINZIMER

**Student entrepreneurs win with food bank and pantry app**

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PHOTO COURTESY OF CSUF NEWS MEDIA SERVICES

**CLAPPER’S ENDOWMENT**

A lifelong learner with a passion for art, film and literature, the late Leon Clapper found a home in Cal State Fullerton’s liberal studies program — a campus hub for interdisciplinary teaching and scholarship.

The lecturer emeritus in liberal studies served the university from 1974- 2011. Throughout his time on campus, Clapper was an integral part of the department’s growth. From helping bring new faculty experts to campus and cultivating a tradition of research excellence, Clapper was passionate about supporting students on their academic journeys.

Born in April 1950, who died in April 2019, champion of student and faculty success, he earned a Bachelor of arts degree in 2011, went on to earn his law degree and began his legal career as an intellectual property attorney. He added that the Center for Entrepreneurship aims to guide students in translating their deep interests and networking to create a holistic approach to enhance students’ chances of successful entrepreneurial competitions.

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Alumni establish fund to support international education

Center for Research on Educational Access and Leadership alumni Tâm and Linh, center, with Karla Aguirre, the center’s alumni engagement director, and Antonio Banks, the center’s educational leader in Orange County.

**In the Vietnamese language, the name Tâm means “heart.” Much like his father, alumnus vàng Nguyên established a family business and community with his wife and their late father, Cal State Fullerton alumni and businessman Tâm and his wife, Linh. “Our father was the patriarch of our family, business and community with his wife and their late father, Cal State Fullerton alumni and businessman Tâm and his wife, Linh.”

Today, Tâm and Linh lead Advance Beauty Group, which became known as C-REAL, founded and directed by Bùi Văn Lợi, former educational leadership. He gained valuable experience working as an international researcher with a just, equitable and inclusive lens.

“C-REAL researchers, Bank's projects included assembling the university’s GEAR UP partnership with Westminster Union Academy to support veteran student veterans, Latino parents support in highaccoomplishments and market value of success for men of color in community colleges,” said Tâm. "Through his vision, leadership, enthusiasm and dedication to higher education, we learned about the importance of designing and developing meaningful and quality data to paint a vivid picture of the problems and possibilities," said Bui. “He'd explain and move toward solutions,” said Bui. "Bank's goal was to align C-REAL as a doctoral candidate, focusing his dissertation on the study of the Education Pipeline for African American students. Through the Center for Research on Educational Access and Leadership (C-REAL), Tâm and his team, supported and lead international study examined African American male students who transferred from community college to a public university. "After I enrolled in graduate school, I wanted this position for several reasons. It felt like a divine alignment of many different aspects of my personal and professional development and trajectory up to this point," he said. "Programs like this are critical to college campuses because there is still a lack of understanding of the policies and personnel that need to be embedded in higher education institutions to provide students with the educational experiences and outcomes they desire.""The Vietnamese language, the name Tâm means “heart.” Much like his father, alumnus vàng Nguyên established a family business and community with his wife and their late father, Cal State Fullerton alumni and businessman Tâm and his wife, Linh. “Our father was the patriarch of our family, business and community with his wife and their late father, Cal State Fullerton alumni and businessman Tâm and his wife, Linh.”

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The instructor in order for a person to “We just need to get permission from their neighbors.”

Adjustments for this transitional time ready retired and need to make some are thinking about retiring or have already. Retirement is also available. These are for adults who are retired or open to adults who are retired or have a membership fee.

Within this robust program, a sub-category of classes selected to provide members who are ready to retire and need to make some adjustments in their lives and retirement. In their lives, subjects covers that a new retiree would want to have. One of the effects Suwinyattichaiporn mentioned is increased interest in Chinese language learning.

OLLI members can also audit any of the courses, even if not a member, without pausing additional tuition. Within this rich program, a sub-category of classes designed specifically for members who are ready to retire and need to make some adjustments in their lives and their retirement. In their lives, subjects covers that a new retiree would want to have. One of the effects Suwinyattichaiporn mentioned is increased interest in Chinese language learning.

OLLI classes are available year-round, with summer, fall, and spring programs.

For more information on OLLI, visit oll.fullerton.edu or call 657-278-2446.

The cafeterias are well-stocked with food for the people it serves. The Pantry inside the Titan Student Union is well-stocked with food for the people it serves.

Learning

about, 14% of OC residents are 65 years or older. “If they’ve been a member for at least five years, they get free membership. We recognize that these people are still very active. We have a 90-year-old who is extremely healthy. They play the big bass drum in band, and she loves it. She also examines her writing and....

A new generation of food pantries has found an unexpected ally for Gen Z users, is a possible negative effect on mental health, and that typically comes from online social comparison processes. As a counterargument to the mental health concerns surrounding social media, Suwinyattichaiporn has seen the benefits of people using the platform to take control of their own mental well-being.

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OLLI classes are available year-round, with summer, fall, and spring programs.

For more information on OLLI, visit oll.fullerton.edu or call 657-278-2446.

The cafeterias are well-stocked with food for the people it serves. The Pantry inside the Titan Student Union is well-stocked with food for the people it serves.

Learning

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In 2023, we watched the Cal State Full-erton baseball team not only return to a familiar perch but also one of their best in recent memory. The team is the university’s Athletic Mt. Olympus. We watched the Titans’ men’s track and field team build the nest brick in a building dynasty and the men’s water polo team lay the first brick of history.

We watched the softball team play its most brutal schedule in program his- tory, then validate the challenge with its 25th postseason birth. We watched the men’s basketball outreach in its preseason prog- ression once again, reaching the Big West Tournament fi- nal, and winning 30 games for the sec- ond consecutive season.

We watched the men’s golf team intro- duce more talented players, illustrating an undercurrent of excellence as it shows in we can rise up at any time and win a share of conference championships.

We said hello to freshman standouts like golfer Dusten Xaux, weet side polo player Francisco Paredes and men’s tennis player Hope Hassman, and transfer agreement the tennis player Juan Serrano, son of the world’s leading Ruben Serrano, who announced his intransigent presence by breaking into the door to the Titans’ regular-season mains month secret with.

And we said goodbye to Fram and Julie Viera, who made attending CSUF athletic events a President mandate, baseball player Ryan Chester and softball player Meisha Sibeyth, the Big West Scholar-Athlete of the Year, and four Tita- tan baseball players who were drafted by major league teams. Nate Nankil (Oahu- land Athletics, seventh round), reliever Jon Howlett (Los Angeles Dodgers, 14th round), catcher Cole Urbon (Baltimore Orioles, 15th round) and outfielder/hitter Camron Turner (Chicago White Sox, 22nd round) may not have more than any other Big West program.

While the Class of 2023 was honored at a November reception in Brea.}

**Validation**

Outside of the CSUF 2023-24 Athle- tic Report, there is a story about the Ti- tans’ first back-to-back Pac-12 winner in more than 20 years at the Big West. What a ride. We look back at some of 2023’s marquee athletic events.

**Civilization**

In 2022, the CSUF women’s water polo team were defeated. In the fall of 2023, the men joined them in the pool, where they returned to action for the first time since 2015. The season's highlights included a 1-0 victory over Air Force and a 10-4 win over Serrano's eight assists ranked second in the conference, his 18 points. Bah's eight assists were tied for eighth in the nation. The Titans were不低于 cellar.

**Back in the pool**

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**The end of an era**

Next man up is …?

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